



Hard Working Ants

- **Purpose of Activity:** This game will teach children to understand what it means to include others in their play while working together to complete a common goal.
- **Standard:** The student will achieve and maintain a health-enhancing level of physical fitness.
- **Objective:** This game combines fun with aerobic exercise. Students will sustain activity for increasingly longer periods of time while participating in various activities during physical education. • Students will be able to explain and demonstrate basic movement and performance cues related to games and sports.
- **Suggested Grade Level:** K-2
- **Materials Needed:** Adventure Series Equipment and multiple foam or soft rubber throwing balls.

Assessment Ideas:

- Reinforce to the students that sharing and taking turns is very important for both safety and enjoyability of the game.

Adaptations for Students with Disabilities:

- Children in wheelchairs can also participate. These students will be allowed to stay located within the fort of their choice.

Game Overview

1. Warm-up: The teacher will lead the students in a warm-up activity, followed by a light stretch before the activity begins.
2. Each student will be assigned a station. At each station, the student will have a responsibility.
3. Station One will be found near the Grid. The student there will need to throw a ball to another student on the other side of the Grid (station two).
4. Station Two will be found on the opposite side of the Grid. The student there will catch the pass from station one, and run the ball toward the Hoops Climber (station three).
5. Station Three will be found at the Hoop Climber. This student will carry the ball up the ladder and roll it down the slide to station four.
6. Station Four will be found at the bottom of the slide. This person will catch the ball and run it over to the Diagonal Climber (station five).
7. Station Five will be found by the Diagonal Climber. This person will climb the ladder and roll the ball down the slide (station six).
8. Station six will be found at the bottom of this slide. This person will catch the ball and run it back to the start, passing it to the student at station one.
9. Once each group has completed this task they will switch stations. Everyone should have a turn at each station before the class is over. To keep this game moving quickly, the teacher can assign numerous students at each station. If five people are at each station, use five different colored balls, assigning a different color to each student at each station.

See included CD for
electronic version.

