

Stuck in a Video Game

- **Purpose of Activity:** The purpose of this activity is to encourage children to practice good listening skills, cooperate with others, and consistently follow directions.
- **Standard:** Students will demonstrate competency in the motor skills and movement patterns needed to perform a variety of physical activities.
- **Objective:** Students will travel forward and sideways, changing directions quickly in response to a signal or obstacle using a variety of locomotor skills. Students will also develop the basic movement patterns and performance cues related to outdoor play. Students will show consideration for others while participating in the game.
- **Suggested Grade Level:** K-2
- **Materials Needed:** Adventure Series Equipment

Assessment Ideas:

- Sharing and taking turns is very important for both safety on the equipment and making the game more enjoyable.

Adaptations for Students with Disabilities:

- Children in wheelchairs can also participate. They may give direction and follow along as the other students progress through the story. They may also participate in the ground exercises.

Story Overview

This activity combines a story with physical play.

1. Warm Up: The teacher will lead the students in a warm-up activity followed by a light stretch before the activity begins.
2. Tell the students that they will be taking part in a learning adventure during today's class.
3. Reinforce to students the importance of following directions as the story is being read to them.
4. If students are not listening, stop the story. The adventure will not continue until students start to follow directions again.
5. Tell everyone to try their best to perform the tasks in the story. If a student has difficulty, other members of the class can assist in helping that student accomplish the task.
6. Closure: The teacher will review some of the movements from the story. The teacher will also ask the students questions concerning the story.

CheckList

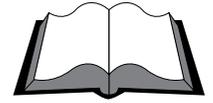
Today we will be going on an adventure that will transport us into a video game. Let's get ready to have some fun!

- ✓ Have you ever played a video game before?
- ✓ Did you ever save anyone from an evil villain?
- ✓ Today we are going to transform ourselves into characters from our favorite video games. What are some famous characters that we could pretend to be in our story?

See included CD for electronic version.



Continued on the next page...

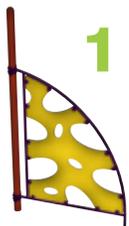


Stuck in a Video Game (continued)

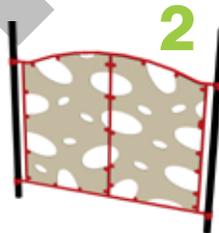


Has everyone transformed into their favorite video game character? Good, because we are about to go on an adventure!

In this video game, an evil Lizard King has sent out many of his followers to take over nearby villages, and a princess has been captured. We must now enter the video game and make our way to the village!



1 The first thing we encounter is a POWER UP room. In this room we must perform several exercises in order to gain more power for our journey. So let's do some jumping jacks, mountain climbers, wall push-ups, squats, and jump around.

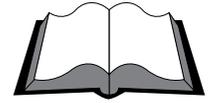


2 Once have enough power, we are able to continue on our quest. We have now reached the first obstacle of the game. We must climb over a brick wall in order to get into a secret hiding place created by the Lizard King. Once we climb over the wall, we can move inside the maze.



3 Inside the maze, we see a ladder that has to be climbed. As each group member reaches the top, we find two different poles that lead us to a new portion of the maze. The group decides to slide the larger of the two poles down to the ground.

Continued on the next page...



Stuck in a Video Game (continued)



Continuing through the maze, the group encounters a fiery swamp full of erupting lava. We will have to climb over the pit of lava without touching the fire.



We have now reached the final wall of this level of the video game. At the wall we have to climb to the top to retrieve a key that will open the door to the next level of the maze.

At the beginning of the second level, we must use our key to open the door to a long passageway full of spider webs. Each person must climb the walls of the tunnel and get rid of the spiders in their way.



Now we are faced with a second door, which we can open using our key. We have come upon a second fiery pit. This time we must walk across a slippery log that goes across the fire pit. Let's use the guide rail when walking across the

log. If a group member falls off, they must run to the POWER UP room at the beginning of the game to regain their power before attempting to cross the log again.



On the other side of the fiery pit, we encounter the Lizard King. The dastardly villain is hiding behind a crater wall and has the princess with him. In order to pursue him, we must climb up and over this crater wall.



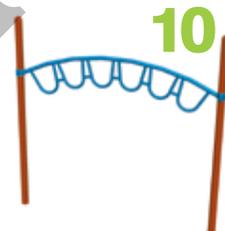
The Lizard King is getting away with the princess! We see him climbing a ladder that takes him to his fortress. We have to chase after him! Let's climb up and over the ladder.

Back on the ground, we are now face to face with the Lizard King. The Lizard King is very powerful, but he has a weakness. He does not like it when people exercise -- it makes him weak! So let's all perform different exercises so that we can defeat him!

Let's do some jumping jacks! Let's jog in place! Let's do some squats! Each time we exercise, the Lizard King becomes weaker. Eventually, the Lizard King becomes so weak that he jumps up in the air and vanishes forever. The princess is saved, but with the Lizard King defeated, his fortress is beginning to crumble. We must leave immediately!



At the edge of the highest tower in the fortress there is a ladder and a slide that we can use to exit the fortress. Let's climb up the ladder and slide down the twin poles to exit the falling tower.



Outside the fortress, we see a Sky Arch that we can use to climb across a moat filled with all sorts of giant reptiles. We must carefully cross over the water without falling in.



The princess hands us a key to enter the passageway that will lead us back to her village. We lead the princess through the tunnel and back to her village. Her people are saved and the Lizard King and his followers are no longer a threat to her people. We saved the day! It is now time for us to return to our school before our teacher realizes we are missing. This was a great adventure! We will never forget the day we were heroes in a video game.

The End