



Hide the Bacon

- **Purpose of Activity:** This game will teach students to work together to accomplish a common goal.
- **Standard:** The student will achieve and maintain a health-enhancing level of physical fitness.
- **Objective:** Students will participate in activities that develop muscular strength and endurance.
- **Suggested Grade Level:** K-2
- **Materials Needed:** Adventure Series Equipment, 2 different colored flags

Assessment Ideas:

- Reinforce to the students that sharing and taking turns is very important for both safety and enjoyability of the game.

Adaptations for Students with Disabilities:

- Children in wheelchairs can also participate. These students can assist others at each station, and the teacher can adapt the game to the ability level of each student.

Game Overview

1. Warm-up: The teacher will lead the students in a warm-up activity, followed by a light stretch before the activity begins.
2. The teacher will divide the students into two teams. Each team gets a flag or piece of material to hide.
3. The End Walls are the home bases. Assign one End Wall to team #1 and the other End Wall to team #2.
4. While team #1 have their backs turned, team #2 will hide their flag on one side of the Adventure Series equipment. Then team #1 will hide their flag on the opposite side while team #2 have their backs turned.
5. On "Go!", the teams will begin searching for the other team's flag. Once they find the flag, they must run with it back to their home base.
6. Once a flag is grabbed, the other team can tag the person carrying it. If the flag holder is tagged, they must freeze in place until one of their teammates takes the flag from them. (Note: only teammates can take a flag away; the opposing team is not allowed to steal flags from their opponents.)
7. The first team to run their opponent's flag all the way back to their own home base wins the game.

See included CD for
electronic version.

